

Evidence for the Patient Centered Medical Home

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STRONG MEDICINE FOR AMERICA

Overview of Panel

Begin by sharing the evidence that the medical home concept works.

Anne Beal, MD, Assistant Vice President of The Commonwealth Fund will discuss how medical homes can promote equity in health care.

Michael Barry, MD, Professor, Department of Medicine, Harvard University will discuss tools for primary care to use in making the patient centered medical home “real.”

Opportunity for your questions.

Research Demonstrates the Value of the Medical Home

Having a regular source of preventive and primary care is associated with:

- lower per person costs
- lower emergency room utilization
- fewer hospital admissions
- fewer unnecessary tests and procedures
- less illness and injury
- higher patient satisfaction
- improved quality of care

Starfield/Shi/Macinko Studies - 2004 & 2005

Having a regular source of care and continuous care with the same physician over time has been associated with better health outcomes and lower total costs.

Starfield/Shi/Grover/Macinko Study - 2005

- Increased use of primary care physicians resulted in reduced hospitalizations, ... and ...
- reduced spending for other non-primary care specialist services, ... with ...
- improvements in morbidity and mortality rates.



Continuity of Care and Outcomes

Nearly two-thirds of patient outcomes were significantly improved where patients had a strong and ongoing relationship with a primary doctor.

Baicker/Chandra Study - 2004

- States and counties with more primary care physicians show more efficient and effective use of care.
- Leads to lower overall health care spending.

Group Health Cooperative of Puget Sound

- Experience over 10 years.
- Demonstrates model can improve quality and cost-effectiveness of care for patients with chronic diseases.

North Carolina Medicaid

- Multi-year effort employing patient-centered primary care approach with many elements of medical home model.
- External accounting suggests North Carolina Medicaid saved \$231 million over what would have been spent otherwise in 2005 and 2006.

Commonwealth Fund 2006 Health Care Quality Survey

Health care settings that offer patients a regular source of care, enhanced access to physicians, and timely, well-organized care have the potential to eliminate disparities in terms of access to quality care among racial and ethnic minorities.