

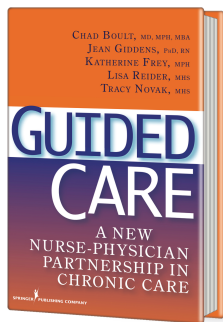
Technical Assistance for Implementing Guided Care

Guided Care is a practical, well-defined model of health care designed to improve the quality of life and the efficiency of resource use for persons with complex health care needs. Primary care practices can fully implement Guided Care in 6-9 months. **Several forms of technical assistance are available for free to practices in the United States that plan to implement Guided Care or the principles of Guided Care as they develop into patient-centered medical homes or accountable care organizations.** The resources include:

- 1) **Guided Care Implementation Manual.** The book, “*Guided Care: A New Nurse-Physician Partnership in Chronic Care,*” contains information on preparing the practice for Guided Care, tools for hiring Guided Care nurses, a checklist for integrating nurses into practice, tools for managing Guided Care nurses, and other helpful resources. It is available in hard copy and electronic format. **To request a free book, send an email to Tracy Novak at tnovak@jhsphe.edu that summarizes your transformation plans.**
- 2) **Patient education book about Guided Care.** The book, “*Transformation: A Family’s Guide to Chronic Care, Guided Care, and Hope*” by Tom Grundner, Ed.D, describes to chronically ill patients and their families what Guided Care is and how it can help them. It is available in hard copy and electronic formats, and an audio version is coming soon. **To request a free book, send an email to Tracy Novak at tnovak@jhsphe.edu that summarizes your transformation plans.**
- 3) **An interactive, online course for registered nurses titled “Guided Care Nursing.”** The 6-week, 40-hour course features core and supplemental modules, live webinars and simulations, and support from expert faculty. After passing an online examination, the nurse receives a “*Certificate in Guided Care Nursing*” from the American Nurses Credentialing Center of the American Nurses Association. The course is offered by the Institute for Johns Hopkins Nursing. **Scholarships are available – please visit www.ijhn.jhmi.edu for more information.**
- 4) **An asynchronous, online course for leaders of practices titled “Practice Leaders in Medical Homes.”** The 9-module, 9-hour course will provide physicians, practice administrators, and other practice leaders with an awareness of competencies that facilitate effective physician practice within medical homes. Physicians will receive a certificate and one CME credit for each one-hour module. Other learners may qualify for continuing education credit from the American College of Medical Practice Executives (ACMPE). The course is offered by the Center for Teaching and Learning with Technology at the Johns Hopkins Bloomberg School of Public Health.

More information is available at <http://guidedcare.org/adoption.asp>. Funding for this technical assistance is provided by The John A. Hartford Foundation.

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GUID9



Guided Care

A New Nurse-Physician Partnership in Chronic Care

**Chad Boulton, MD, MPH; Jean Giddens, PhD, RN;
Katherine Frey, MPH; Lisa Reider, MHS; Tracy Novak, MHS**

"Boulton and his colleagues have crafted a team model that builds upon the unique strengths of nurses and primary care physicians coupled with effective communication and implementation of evidence-based care. This represents a great advance over business as usual."

—**David B. Reuben, MD**, Director, Multicampus Program in Geriatric Medicine and Gerontology
Chief, Division of Geriatrics, David Geffen School of Medicine at UCLA

In *Guided Care*, a specially trained nurse works closely with a primary care physician to care for patients who suffer from multiple chronic conditions. This new model offers the most efficient, cost-effective way to respond to the needs of patients.

This book provides physicians, nurses, administrators, and leaders of health care organizations with step-by-step guidance on adopting Guided Care Nursing into their practice, including specific strategies and resources for each step.

Featured Highlights:

- Evaluating a practice's readiness to adopt Guided Care
- Preparing for adoption
- Integrating Guided Care into existing practices
- Hiring nurses for the primary care team
- Assuring financial viability
- Comparing Guided Care with other models

The future of primary care, and the quality of care for adults with chronic conditions, depends on finding approaches to improve efficiency and effectiveness. This book demonstrates that Guided Care yields the best outcomes for patients and for primary care at large.

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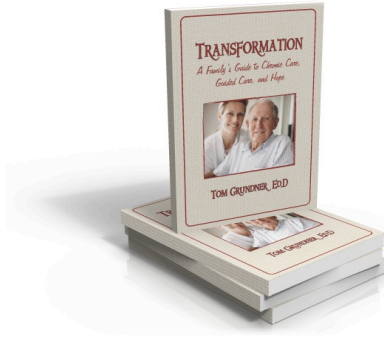
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TRANSFORMATION: *A Family's Guide to Chronic Care, Guided Care, and Hope* **Tom Grundner, Ed.D**

• ISBN: 978-1-935585-21-3 • 60 Pages • 6" X 9" - Paperback • \$9.95 •

Coming in March

Also Available in Spanish

And... for All Major eBook Readers

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***There's bad news...
And there's good news...***

The bad news is that our nation is in serious trouble when it comes to providing health care to our seniors.

- Over 77 million people from the post-war baby boom are headed into their retirement years. Along with that, comes declining health and often multiple chronic illnesses.
- There are not nearly enough geriatric and primary care specialists to deal with this population. Making matters worse—*it's too late to train more.*
- This population not only threatens to overwhelm our health care facilities, the current methods of treating people with multiple chronic conditions is heartlessly inefficient, and the cost is astronomical.

The good news is that maybe there's a way out of this impending disaster. If we can't create enough properly trained specialists to meet the need, maybe we can magnify the impact of the ones we have.

- Maybe we can devise a new model for treating people with multiple chronic conditions.
- Maybe we can create a new breed of specially trained, lower cost, medical professionals to magnify the physician's impact.
- Maybe we can find a way to increase the quality of care these seniors receive and, at the same time, reduce costs to the health care system.

It not only can be done—it has been done. It's called Guided Care; and it might literally transform the way health care is delivered to our senior citizens.

***This isn't your standard "patient education" book.
It's a story of discovery—and a story of hope.***

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The Institute for Johns Hopkins Nursing presents...



Register now for the new online Guided Care Nursing course and become professionally recognized as a **Guided Care Nurse**.

This web-based course and examination leads to the American Nurses Credentialing Center's new *Certificate in Guided Care Nursing*.

The 6 week on-line program includes about 40 hours of learning activities and webinars includes role-play and skill demonstrations.



Register

January 10 – February 18, 2011
March 7 – April 15, 2011
May 2 – June 10, 2011
July 11 – August 19, 2011
September 12 – October 21, 2011
November 7 – December 16, 2011

Space is limited.
REGISTER TODAY!

www.ijhn.jhmi.edu

GuidedCare@son.jhmi.edu / 443.287.4745

Endorsed by the National Gerontological Nursing Association.



The Institute for Johns Hopkins Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



Online Course “Practice Leaders in Medical Homes” For Leaders Who Wish to Transform Their Practices into Medical Homes

This asynchronous, online, CME-eligible, 9-module course provides physicians, nurses, practice administrators, and other practice leaders with an awareness of competencies that facilitate effective practice within medical homes.

Each 1-hour module includes self-assessment questions, a short reading, a narrated presentation, a case study, a video vignette, final assessment questions, and additional resources. Tuition is \$15 per module. Topics include:



- Assessing Readiness to Change into a Medical Home
- Leading Change in Medical Homes
- Health Information Technology in Medical Homes
- Interdisciplinary Teams in Medical Homes
- Communicating with Patients of Medical Homes
- Supporting Patient Self-Management within Medical Homes
- Care Management in Medical Homes
- Continuity of Care for Patients of Medical Homes
- Managing the Medical Home

Physicians will earn one CME credit per one-hour module. **Each module has been reviewed and is acceptable for 1 prescribed credit by the American Academy of Family Physicians and 1 Category 2-B credit by the American Osteopathic Association.** The AAFP designates this educational activity for a maximum of 1 AMA PRA Category 1 Credit™ per module (Introduction not included). AAFP accreditation began July 20, 2009; term of approval is for two years with option for annual renewal.

The course was developed by the Roger C. Lipitz Center for Integrated Health Care at the Johns Hopkins Bloomberg School of Public Health with funds from the John A. Hartford Foundation and in association with the American Academy of Family Physicians, the American Board of Internal Medicine, the American College of Physicians, the American Geriatrics Society, and the Center for Teaching & Learning with Technology at the Johns Hopkins Bloomberg School of Public Health.

For details or to begin the course, go to
www.medhomeinfo.org/tools/physiciancourse.

If you have questions, please send an email to
medhomeinfo@jhsph.edu.

Feedback from Enrollees

“The information is wonderful and very relevant – I learned a lot. I haven’t seen this material in the literature or presented at national meetings, so it is extremely helpful.”

“I appreciate the fact that learners can see all modules and how they fit together but can access only the ones that they want in whatever order is most helpful.”